#### **PROFILE**

NAME : DR.SANGITA RAMESHCHANDRA SHASTRI

**DESIGNATION**: ASST. PROFFESOR

SUBJECT: PSYCHOLOGY

**EDUCATION QUALIFICATION:** 

NO.	DEGREE	YEAR	PERCENTAGE	SUBJECT	UNIVERSITY
1	M.A.	1996	58%	PSYCHOLOGY	GUJARAT UNI.
2	Ph.D	2013		PSYCHOLOGY	S.P.UNI.

#### **OTHER QUALIFICATION:**

NO.	COURCE	YEAR	PER (%) Grade CLASS	UNIVERSITY/CENTRE
1	DIPLOMA IN APPLIEED ARTS	1994	58%	GUJ.BOARD (5 YEARS DIPLOMA)
2	D.D.Ed.	1997	58%	TRAINING COLLEGE FOR THE TEACHERS OF THE DEAF

TOTAL TEACHING EXPERIENCE : (As on) 3.5 YEARS(G.C.E.R.T.)

AS A U.G. LECTURER : 17.6 YEARS

FROM – TO	DESIGNATION	NAME OF THE COLLEGE
3/01/2003 TO 10/07/2018	ASST.PROFESSOR	GUJARAT ARTS & SCIENCE COLLEGE
11/07/2018 TO TILL TODAY	ASST. PROFFESOR	GOVT. ARTS COLLEGE, MANINAGAR

TEACHING EXPERIENCE AT P.G. LEVEL : 6 YEARS

APPOINTMENT APPROVED BY UNIVERSITY :

ORIENTATION & REFRESHER OR OTHER COURSES :

SR.NO.	NAME OF THE COURSE & PLACE	DURATION	GRADE
1	REFRESHER	3/01/2005 TO 23/01/2005	А
2	ORIENTION	02/12/2005 TO 28/12/2005	А
3	REFRESHER	8/03/2010 TO 28/03/2010	В
4	REFRESHER	20/06/2011 TO 10/07/2011	А

## TRAINING:

SR.NO.	NAME OF THE TRAINING AND PLACE	DURATION
1	TRAINR'S TRAINING PROGRAM UNDER SURAXA SETU SOCIETY- GANDHINAGAR POLICE	
2	MASTER TRAINAR COURSE IN RIGHTS OF PERSONS WITH MENTAL ILLNESS	4 DAYS (3 TRAININGS OF ONE WEEK)
3		

#### **WORKSHOP:**

SR.NO.	NAME OF THE WORKSHOP AND PLACE	DURATION
1	NATIONAL LEVEL WORKSHOP ON ANXIETY	
I	MANAGEMENT COURSE	
	MASTER TRAINAR COURSE IN RIGHTS OF PERSONS	4 DAYS
2	WITH MENTAL ILLNESS	(3 TRAININGS OF
	WITH WENTAL ILLINESS	ONE WEEK)

#### **RESEARCH:**

## **PUBLISHED ARTICLE OR CHAPTER IN A BOOK:**

SR. NO.	NAME OF THE BOOK & ARTICLE/CHAPTER	ISBN NO.	PUBLISHER	YEAR
1	MIDE NIGHT AURA	978-93-5108- 461-7	GOVT.ARTS COLLEGE,MANINAGAR	2015

#### PUBLISHED ARTICLE OR RESEARCH PAPER IN A JOURNAL:

SR. NO.	NAME OF THE JOURNAL	ISSN NO.	NAME OF JOURNAL	YEAR / MONTH PUBLICATION
1	NARI JAGRUTI NI PARAMPARAGAT SAMAJ PAR ASAR	2454-1265	13+ INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH (92-95)	2016-
2	A STUDY OF ANXIETY FELT AMONG THE ARTS & SCIENCE STUDENTS	2348-912X	EDUSPARK	2

# PAPER PRESENTED IN SEMINARS & CONFERENCES:

NO.	SEMINAR/CONFERENCE	PLACE	DATE	TITLE OF THE PAPER
1	UGC SPONSORED NATIONAL SEMINAR ON STRESS & HEALTH	SMT.R.R.H MAHILA ARTS COLLEGE, VIJAPUR	23- 24/7/2016	A STUDY OF ANXIETY FELT AMONG THE ARTS & SCIENCE STUDENTS
2	INDEAN ACADEMY OF APPLIED PSYCHOLOGY(18 <sup>TH</sup> INTERNATIONAL CONFERENCE)	GLS. CAMPUS AHMEDABAD	1-3/03/2014	COMPARATIVE STUDY OF SELF- CONFIDENCE & COMPRIHENSIVE ANXIETY LEVEL AMONG STUDENTS -

# **SEMINARS & CONFERENCES ATTENDED:**

NO.	SEMINAR/CONFERENCE	PLACE	DATE
1	UNLOCK THE SECRETS OF	HOSP. OF MENTAL HEALTH	3/11/2018
I	SUCCESSFUL PERENTING	,AHMEDABAD	
	VALUE BASED HIGHER	SHREE BHIKHABHAI PATEL	
2	EDUCATION- CONTEMPORARY	ARTS COLLEGE, ANAND	28/2/2014
	INDIAN CONTEXT	ARTS COLLEGE, ANAIND	

# POSITION HELD AT VARIOUS LEVELS :

SR. NO.	NAME OF THE COMMITTEE	POSITION	COURCE	MONTH & YEAR
1	SAPTA DHARA	COORDINETOR -RANG KALA KAUSHALYA DHARA		2008-2013
2	SANDHAN	SUB. COORDINETIR		2008-2014

# OTHER DETAILS (if any):

Dr. Sangita Shastri (Signature of the Assistant Professor)